



PROTOCOL for OILY SKIN

	sunday	monday	tuesday	wednesday	thursday	friday	saturday
AM	medicated acne wash daily acne pads hydro peptide gel Elta 46	medicated acne wash daily acne pads hydro peptide gel Elta 46	medicated acne wash daily acne pads hydro peptide gel Elta 46	medicated acne wash daily acne pads hydro peptide gel Elta 46	medicated acne wash daily acne pads hydro peptide gel Elta 46	medicated acne wash daily acne pads hydro peptide gel Elta 46	medicated acne wash daily acne pads hydro peptide gel Elta 46
PM	medicated acne wash daily acne pads antioxidant facial serum Effaclar Duo*	medicated acne wash daily acne pads antioxidant facial serum retisering 100**	medicated acne wash daily acne pads antioxidant facial serum Effaclar Duo*	medicated acne wash daily acne pads antioxidant facial serum retisering 100**	medicated acne wash daily acne pads antioxidant facial serum Effaclar Duo*	medicated acne wash daily acne pads antioxidant facial serum retisering 100**	medicated acne wash daily acne pads antioxidant facial serum weekly clarifying pads

acne touchstick 2x daily as needed for spot treatment. Truncal Acne: 10% benzoyl peroxide wash, 15% glycolic lotion

*Effaclar Duo may be used up to twice daily if needed as tolerated

**retisering 100 may be used nightly if needed as tolerated